

Durham Speed Skating Club

ATHLETE AGREEMENT

I, _____, the athlete, commit to participate in the Training Sessions as determined by the coaching staff.

By signing this agreement, I commit to, and agree to abide by, the following:

- I will participate in all parts of the training sessions
- I will be on time for all training sessions
- I will respect the coaching staff and follow the instructions as given
- I will not talk, and I will pay attention when coaches are speaking
- I will follow all safety rules
- I will be prepared with a water bottle, proper clothing and all the required equipment
- I will keep the rental skates in good condition
- I will perform all the training sessions to the best of my abilities
- I will always represent the Durham Speed Skating Team by demonstrating good sportsmanship and respect for other team members, coaches and officials
- I will respect other skaters' ability and participation
- I will act in a manner that reflects respect for oneself, respect for Speed Skating, and respect for others
- I understand that rude comments, gestures, foul and inappropriate language, or other forms of harassment are not acceptable and will not be tolerated
- I will not say or do anything that is designed to damage deliberately the well being, reputation of character of others, a club member or OSSA
- I will not deliberately injure another person or act in a manner that could result in such injury
- I will not engage in behavior including comments and/or conduct which is insulting, intimidating, humiliating, hurtful, malicious, degrading or otherwise offensive to an individual or groups of individuals or which creates an uncomfortable environment.

I, _____, and my parent(s) and/or guardian(s) agree to have read, adhere and abide by the above.

Signature Date Athlete's

Signature Date Parent/Guardian